



Know Your Limit!

Ohio vintners are proud of their wines and usually want you to start with a light white and work your way through the tasting to a robust red. If you don't care for a particular type of wine, you can skip it and go on to the ones you like. A one-ounce tasting is often enough for two people to get a sip and it is okay to share your tasting.

To get the most out of your visit, don't arrive at a winery with an empty stomach if you plan to taste wines. Most wineries will offer complimentary bread or crackers to cleanse your palate while tasting. Some wineries sell cheeses and snacks to complement your tasting.

Ohio wineries have much to offer in addition to wine...beautiful vineyards, entertainment, picnicking and more. A designated driver can enjoy all of this and take a bottle of wine home.

Know your limit. Be aware that wineries have the obligation to refuse to serve patrons that appear to be intoxicated. Driving with a blood alcohol concentration (BAC) of .08 is against the law. Remember you are not only responsible for your safety, but the safety of others including your passengers.

Use the chart on the other side of this card as a quick reference to help you estimate your capacity. Take your time when tasting wines. Enjoy the experience. Talk to the winery staff, take a tour if available. Make it a safe trip, taste responsibly.

.08 Is Legally Intoxicated.

Blood Alcohol Levels For Women

# of 5oz. glasses of wine in one hour.	100 lbs.	120 lbs.	140 lbs.	160 lbs.	180 lbs.	200 lbs.	220 lbs.	240 lbs.
1	.05	.04	.04	.03	.03	.03	.02	.02
2	.10	.08	.07	.06	.06	.05	.05	.04
3	.15	.13	.11	.10	.08	.08	.07	.06

Blood Alcohol Levels For Men

# of 5oz. glasses of wine in one hour.	100 lbs.	120 lbs.	140 lbs.	160 lbs.	180 lbs.	200 lbs.	220 lbs.	240 lbs.
1	.04	.04	.03	.03	.02	.02	.02	.02
2	.09	.07	.06	.05	.05	.04	.04	.04
3	.13	.11	.09	.08	.07	.07	.06	.05
4	.17	.15	.13	.11	.10	.09	.08	.07

Ounces Add Up

A typical wine-tasting pour consists of 1- 2 oz. of wine. Sampling several wines can quickly add up to a 5 oz. serving. When tasting wine, spitting is perfectly acceptable. Most wineries will provide a vessel to hold wine that is not swallowed. Either designate a driver for your group or pay attention to the amount of wine you consume. The limit is .08, don't spoil your visit with a citation for DUI.

Make a safe trip, taste responsibly.



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